

Pensby Runners Committee Meeting Minutes

Monday 15th April @ Heswall Squash Club

Attended:

Ralph Pawling, Dave Green, Dan Bruffell, Gordon Schofield, Roy Fisher (Chair), Andy Morley, Nigel Crompton, Emily Astley (Secretary), John Keyworth.

Apologies:

Andy Sumner

Agenda:

1. Matters arising from last meeting:

Website - Ralph has been on and updated website.

Gordon has contacted webmaster regarding Seaside Run website. Ongoing concerns about lack of administrative access for Pensby Committee. Content can be updated.

ACTION: Dave to speak to Chris Nolan about access to website.

ACTION: Nigel to contact Whitfield Business Centre re website

2. Rider HQ

Ralph has asked for access to Rider HQ

3. Membership

Current membership: 123 standard, 9 full, 5 second claim = 137 total

Waiting on a few members.

Discussion re increasing membership, use of Couch to 5k. Balancing out capacity to manage and coach new runners vs need to increase membership. Also need to promote the club.

With current membership, club is allocated 1 VLM place

ACTION: Use of Birkenhead Park Run - to recruit. Banner: Nigel to measure up banner

Discussion about recruitment via Seaside Runs - links on Seaside Runs website for link to membership.

ACTIONS: Mark to mention Pensby Runners at start.

Membership Icon on website.

Pensby Flags at end

Membership feedback if leaving the club - brief survey for those leaving.

4. Multi terrain Race - 21st May 2019

Nigel gave update for race. UKA Licence paid for, for race - £30.

Race insurance yet to be sorted. Ronan Kearney has agreed to be race adjudicator.

Forest ranger been informed.

Ann Brimage agreed to do timing.

Mike Cobb - awaiting response re finish

ACTIONS : Nigel - organise first aid. Advertising to go to clubs. Andy Waring re course marshalls.
Nigel to send Ralph old excel spreadsheet with full data. Nigel to organise

ACTION: Nigel / Dan to organise First Aid

5. Seaside Runs

First Seaside Run Analysis - Gordon Schofield

The first race in the 2019 was completed successfully. The weather was kind to us and the daylight lasted long enough to see the vast majority of the field over the line. The service provided by Nifty Timing was once again excellent, particularly the swift publication of the results and associated league tables.

We did have a visit from the UKA race adjudicator, Chris Morgan, who was happy with all the arrangements and even contributed a number of race photographs for our Facebook page and website.

The race was won by William Barr in a time of 16 minutes 17 seconds, Ellen-Mary Kearney

won the ladies race in an impressive 18 minutes 14 seconds, setting a new under 20 record!

The male under 20 record was also broken by Joseph Morrison, with a time of 16 minutes and 29 seconds.

The total number of competitors for the first race was 364 entries, 311 starters and 310 finishers. We expect a smaller field for the April race, due to a clash with the last Border League race, but a larger field for the May race as it is part of the Merseyside Road Race Grand Prix.

The new arrangements for the supply of water were successful and well received by the runners. We certainly cut down on wastage and the amount plastic used. We need to purchase a new, stronger table for the next race. We understand that the proposed charges for the use of the public toilets close to the start of the race will be implemented in the next few weeks.

ACTION: Nigel to purchase more cups. March race used 13 bottles of water, Nigel to purchase several more for the April event. Gordon to appeal for helpers for next race

5. Chairmans Challenge

Roy been in contact with Anne Rosbottom - some confusion about dates. Now arranged for 11th June. Anne thinks that 11 men and 6 women will race from Wirral AC. Plan to use spare bar codes for Wirral runners. Wirral AC can provide several marshalls. We also need to provide around 6/7 volunteers.

ACTION: Roy to share dates on Pensby Website

6. Treasurer's Report

£7002.02 balance as of today:

Outgoings: £655 from Seaside run to Nifty entries and recent cheque for Norman Watts - obituary. No other major outgoings.

Income: £174 from recent Pensby membership and £1085 from Seaside Run entries.

7. Track nights

7 last week - Mark Smith coached the session. Similar amount for the monthly sessions.

8. Any other business

Litter run - was very popular last year. Need to pick a night. Plan to advertise in advance. **ACTION:** Date suggested for Tuesday 18th June.

Nigel shared that he has left over Tuffnutz transfers left over (around 30) - plan to print out hoodies if any interest.

Email from Ian Chalmers - wants to organise a Hilbre Island run / swim. Dates suggested - Tuesday 18th June, Thurs 1st August, Sunday 7th July.

ACTION: Preferred Thurs 1st August and Sunday 7th July