

## 2021 Wirral Multi-Terrain League

1. The competition will take place on the following Tuesday nights in the Wirral area in September:

**7th. Sept. Royden Park, Frankby, 7.00pm**

**14th. Sept. Wirral Country Park, Thurstaston, 7.00pm.**

**21st. Sept, Harrison Drive, Wallasey 6.30pm.**

**28th. Sept. Arrowe Park Golf Course, Arrowe Park 6.30pm.**

2. This competition is open to First Claim members of:

Birkenhead, Buckley, Chester Tri, Deestridders, Ellesmere Port Runners, Helsby, Knowsley Harriers, Liverpool Running Club, Mersey Tri, UTS, BTR Runners, Penny Lane Striders, Pensby Runners, Picton, Wallasey, West Cheshire, Wirral, plus other UK Athletics affiliated clubs.

Second claim runners may participate if their first claim club does not participate in the competition.

Runners must run in their recognised club colours.

3. Senior race distances will be between 6.5K - 8K.

Minimum age on the night for senior (main) event is 15.

Junior (U.15 and 11 and over) races will be approx. 2 mile.

4. Each participating club must provide the League with a contact (name, address, telephone number, and e-mail if possible) and provide a team manager for each race.

5. Trophies will be awarded for the series as a whole. The number of trophies per category will depend on entry. Individual awards will be based on best position in three out of four races unless two or more athletes are on equal points. In this instance the award will go to the highest finisher in the fourth race or third race if neither athlete competes in the final race.

Age categories for individuals are as follows :

Female: U.20, U.40, O.40, O.50, O60, O70 Male: U.20, U.40, O.40, O50, O60, O70

Plus overall individual awards for the best three females and males.

Ages as at first race.

Teams to score over all four races. Males teams to consist of 5 athletes, Female teams to consist of 3 athletes. Should teams be on equal points then position of last scorer in last race will be used to allocate the team position.

Team awards to go to first 3 teams

In addition to the above, there will be spot prizes plus awards for the male and female winners of each race.

Junior medals based on best three out of four races, unless athletes are on equal points then the highest finisher in fourth race will be taken into account. Awards will go to first three of each sex.

There will be no team awards only individual awards and spot prizes for juniors.

Any concerns or issues should initially be raised with The Series Director – Nigel Crompton, or the Race Director (see below) who will consult with the Race Officials. The Race Officials decision is final.

**6.** Entry fee of £5 per athlete per race payable online to Nifty Entries. £2 per junior (U13/ U15) Entries will be online prior to the event (although entries can be placed up to 30 minutes before the race)

Beyond expenses, monies raised are for trophies/medals and spot prizes.

**7.** A full set of results will be available at Nifty Entries and a link on the Series Web page as soon as is practical.

#### **8. League Officials:**

Series Director: **Nigel Crompton** (Pensby Runners) [nigel@therunnershub.net](mailto:nigel@therunnershub.net) 07709 895254

Treasurer: John Keyworth (Pensby) 53 Grange Cross Lane, West Kirby, Wirral, CH48 8BL Tel: (0151) 625 9807

#### **9. Race Directors:**

Royden Park: **John Keyworth** Tel: (0151) 625 9807

Harrison Drive: **Mel Schless** Tel: (0151) 639 2642

Wirral Country Park, Thurstaston: **Mike Lamb** Tel: (0151) 355 2520

Arrowe Park: **Andy Waring** Tel: 07731 588596

**10.** Notwithstanding the above UK athletics rules apply.