

## North West XC – Race 1 – Clarke Gardens – 25 October 2009 – 4.9M

### Mens Results

1	Nick Jones	Spectrum Striders	SM	56	John Hillman	Newburgh Nomads	V40
2	Graham Houghton	Spectrum Striders	SM	57	Neil Hankinson	Warrington RR	
3	Nathan Vangdasalam	Liverpool RC	V40	58	Hamsin Hadziabdik	Birkenhead & Pensby	V40
4	Chris Proud	Spectrum Striders	SM	59	Tony Man	Penny Lane Striders	V40
5	Ian Magill	Liverpool RC	V40	60	Brad Ehlen	Spectrum Striders	SM
6	Ian Bamber	Spectrum Striders	V40	61	Tommy Burke	Penny Lane Striders	V60
7	Dave Edwards	Liverpool RC	V40	62	Steve Saunders	Birkenhead & Pensby	V40
8	Ian Palin	Liverpool RC	SM	63	Steve Mccullough	Liverpool RC	V40
9	Tony Wilcox	Helsby RC	V40	64	Fred Duenbier	Newburgh Nomads	V50
10	Carl Wright	Penny Lane Striders	SM	65	Robbie Burke	Liverpool RC	V40
11	James Graham	Spectrum Striders	SM	66	Cormac Purcey	Penny Lane Striders	SM
12	Steven Nijs	Liverpool RC	SM	67	Tony Bell	Warrington RR	V40
13	Adair Broughton	Helsby RC	SM	68	Kevin Dickinson	Warrington RR	V40
14	Mike Houghton	Spectrum Striders	SM	69	Andy Brookfield	Newburgh Nomads	V50
15	Paul Schumann	Ford & Roby	V40	70	Charlie Stanway	Penny Lane Striders	V50
16	John Thompson	Skelmersdale BH	V40	71	Brian Kennedy	Newburgh Nomads	V60
17	Steve Martin	Spectrum Striders	V50	72	Steve Pickford	Spectrum Striders	SM
18	Mark Hargreaves	Penny Lane Striders	SM	73	Andrew Stansfield	Penny Lane Striders	V40
19	Mike Welsby	Spectrum Striders	SM	74	Stephen McCue	Helsby RC	V40
20	Paddy Boyle	Liverpool RC	SM	75	Andy Waring	Birkenhead & Pensby	V50
21	Simon Marriot	Penny Lane Striders	V50	76	Dave Thompson	Spectrum Striders	V50
22	Tony Jackson	Newburgh Nomads	V50	77	Mike McCabe	Penny Lane Striders	V40
23	Gary Thornton-Allen	Birkenhead & Pensby	SM	78	Billy Merritt	Liverpool RC	V40
24	John Connelly	Penny Lane Striders	SM	79	Paul Hannigan	Ford & Roby	V50
25	Andy Gibbons	Warrington RR	SM	80	Peter Doran	Penny Lane Striders	V40
26	Chris Dawson	Spectrum Striders	SM	81	Ian Barwise	Warrington RR	V50
27	Dave Ralphs	Newburgh Nomads	V40	82	Craig McAdam	Ford & Roby	SM
28	John Farrell	Penny Lane Striders	SM	83	Tony Hargreaves	Penny Lane Striders	V50
29	Lee Midghall	Liverpool RC	SM	84	Frank Greene	Liverpool RC	V60
30	Mark Jones	Warrington RR	V40	85	Geoff Read	Spectrum Striders	V50
31	Chris Pedder	Newburgh Nomads	V50	86	Andy Dalton	Skelmersdale BH	V40
32	Richard Howlett	Liverpool RC	SM	87	Mike Tarpey	Liverpool RC	SM
33	George Pierce	Liverpool RC	V40	88	Phil Aldag	Birkenhead & Pensby	V60
34	Simone Capponi	Penny Lane Striders	SM	89	Dave Clarkson	Penny Lane Striders	V60
35	Paul Marlow	Liverpool RC	V40	90	Ben Connolly	Penny Lane Striders	V50
36	Lee Sweetman	Warrington RR	SM	91	Steve Gough	Liverpool RC	V50
37	Gary Whitfield	Penny Lane Striders	SM	92	Joe McGlynn	Penny Lane Striders	V50
38	Steve Haynes	Liverpool RC	SM	93	Jeff Spencer	Skelmersdale BH	V40
39	David Lovett	Penny Lane Striders	V50	94	Paul Armstrong	Liverpool RC	V40
40	Frank Martin	Penny Lane Striders	V40	95	Chris Newman	Helsby RC	SM
41	Simon Maskill	Penny Lane Striders	SM	96	Andy Smith	Helsby RC	V40
42	Ste McNicholas	Penny Lane Striders	V40	97	Billy Taylor	Penny Lane Striders	
43	Dave Quinn	Penny Lane Striders	SM	98	Joe Chambers	Liverpool RC	V40
44	Wally Coppelov	Newburgh Nomads	V50	99	Jamie Stanton	Liverpool RC	SM
45	Kevin Marsden	Spectrum Striders	SM	100	Anil Bose	Skelmersdale BH	V40
46	Chris Hampson	Warrington RR	SM	101	Alby Flynn	Ford & Roby	V60
47	Brad Warburton	Liverpool RC	SM	102	Len Friday	Ford & Roby	V50
48	Ian McNiell	Penny Lane Striders	V50	103	Kit Whitfield	Spectrum Striders	V40
49	Martin Hirrell	Penny Lane Striders	V40	104	James Downey	Birkenhead & Pensby	V40
50	Graham Randfield	Penny Lane Striders	SM	105	Terry Doyle	Liverpool RC	V60
51	Jim Dawson	Warrington RR	V40	106	Bill Murphy	Ford & Roby	V70
52	Dave Moran	Liverpool RC	V40	107	Steve Vine	Ford & Roby	V50
53	Tim Warn	Penny Lane Striders	V60	108	Billy Marsh	Ford & Roby	V50
54	Steve Clayton	Liverpool RC	V50	109	John Cheetham	Ford & Roby	V50
55	Peter Summers	Skelmersdale BH	V50	110	Dave Barton	Ford & Roby	V60

## Ladies Results

1	Liz Whitfield	Spectrum Striders	SL	18	Janice McKinney	Penny Lane Striders	SL
2	Natalie Palin	Liverpool RC	SL	19	Jane Hornsby	Penny Lane Striders	SL
3	Caroline Jones	Spectrum Striders	FV35	20	Helen Adams	Warrington RR	SL
4	Jane Ashbrook	Helsby RC	SL	21	Michelle Kelly	Penny Lane Striders	FV50
5	Debra Campbell	Skelmersdale BH	SL	22	Shelley Walsh	Warrington RR	FV50
6	Pam Thurtle	Penny Lane Striders	SL	23	Pauline Kelly	Skelmersdale BH	FV40
7	Shirley Anderson	Spectrum Striders	FV40	24	Claire Bursnoll	Spectrum Striders	FV35
8	Carol Styne	Spectrum Striders	FV35	25	Heather Glover	Warrington RR	FV40
9	Gill Darby	Penny Lane Striders	FV40	26	Debbie Read	Spectrum Striders	FV50
10	Jackie Chen	Penny Lane Striders	FV40	27	Jane Woodburn	Skelmersdale BH	FV40
11	Emma Lucy	Penny Lane Striders	SL	28	Steph Charman	Spectrum Striders	FV50
12	Carole Quirk	Skelmersdale BH	FV50	29	Polly Hadziabdik	Birkenhead & Pensby	FV40
13	Naomi Fowles	Penny Lane Striders	FV40	30	Christine Hargreaves	Penny Lane Striders	FV50
14	Sue Burke	Liverpool RC	FV40	31	Carol Knowles	Liverpool RC	
15	Julia Wigglesworth	Warrington RR	FV35	32	Jean Butler	Liverpool RC	FV40
16	Gill Collen	Warrington RR	FV50	33	Gill Peiser	Penny Lane Striders	FV35
17	Judith Dyer	Penny Lane Striders	FV40	34	Janet Fisher	Liverpool RC	FV50

## Team Results

### Men

Pos	Team	Score	Points
1	Spectrum Striders	38	10
2	Liverpool RC	44	9
3	Penny Lane Striders	135	8
4	Newburgh Nomads	244	7
5	Warrington RR	245	6
6	Birkenhead & Pensby	410	5
7	Ford & Roby	485	4
8	Skelmersdale BH	470 (only 5 Ran)	3
9	Helsby RC	518 (Only 4 Ran)	2
10	Parbold Pink Panthers	No Team	0

### Ladies

Pos	Team	Score	Points
1	Spectrum Striders	11	10
2	Penny Lane Striders	25	9
3	Skelmersdale BH	40	8
4	Liverpool RC	47	7
5	Warrington RR	51	6
6	Helsby RC	92 (Only 1 Ran)	5
7	Birkenhead & Pensby	117 (only 1 Ran)	4
8	Ford & Roby	No Team	0
9	Newburgh Nomads	No Team	0
10	Parbold Pink Panthers	No Team	0